

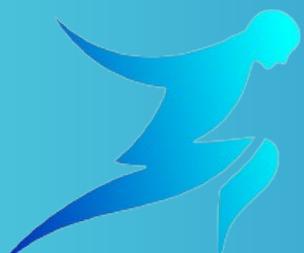


FITNESS

Cardio Series



CATÁLOGO DE PRODUTOS



FITNESS

◀◀◀ Cardio Series



GFX600A/B

Commercial Treadmill

1. This product absorbs foreign high-end design inspiration, the overall shape is beautiful, subversive column design combined with the most popular creative elements, instantly highlights the treadmill's dignity and luxury.

2. The design of center console supported by ultra-wide aluminium alloy column provides a stable and reliable working platform for users.

3. The emergency brake switch is equipped with a safety clip and a tether, which is located in a prominent position below the front end of the armrest for easy use by the operator. It is safe and reliable to stop operation immediately when emergency power failure occurs. The heart rate monitoring device designed on the handle can detect the user's heart rate in real time and feedback the user's ideal heart rate state in time.

4. The design of the kettle rack on the left side of the central console is divided into two parts. It can not only place round kettles to facilitate users to replenish water in time, but also place keys, membership cards and other small items for easy access. The long storage tank designed in the middle position can hold mobile phones, tablets and other items, while doing sports while chasing dramas, sports and entertainment are both going on. On the right side of the slot, a wireless charging function is designed, which eliminates the user's charging worries. At the same time, the instrument table has designed a fast direct selection button, which facilitates users to choose slope and speed quickly, and brings users different experience.

5. Unique fan design under the display screen, using automobile-grade drum fan, large volume of wind, gentle wind, one-button switch, so that users can experience the pleasure of spring breeze while running.

6. The runway adopts a high elastic silica gel shock absorber system, a new design concept, with a widened runway structure, so that the athletes can reduce knee injury in the intense sports environment.

Running area: 1630x600 mm.

7. Innovative -3 degree gradient design brings a brand-new experience of gradient selection, users can choose more modes.

Running speed: 1-20 km/h.

8. The machine routinely sets nine automatic training modes and easy to operate, providing users with different requirements with a variety of choices.

9. The motor uses 3HP high-power motor, a real high-end commercial treadmill, easy to load users of different weights.

10. Product Dimensions: 2320*965*1695mm (LxWxH)

11. Net weight: 201 kg, gross weight: 223 kg

12. Maximum load: 200 kg

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GFX500A/B

Commercial Treadmill

1. MND - X500A/B adopts new design idea of North America, which makes X500A/B more succinct, massive and steady. The perfect combination of several advanced technology highlights noble and luxury. X500-A is a button version

2. The new frame design makes the center console extremely stable, providing a stable & reliable experience and quiet & comfortable use for exercise.

3. The emergency brake switch is equipped with a safety clip and a lanyard to stop the treadmill when the power is turned off. The lanyard and the safety clip can be attached to a protruding portion located at the lower portion of the front end of the armrest, which is very convenient for the exerciser to operate.

4. Two bottle cages will accommodate the exerciser's mobile phone in place and keep it in the center of the front, leaving enough room for keys, membership cards, etc.

5. The new and improved progressive damping system absorbs high impact motion and supports stable and controllable depressions.

6. Decline and Incline support -3% to +15%, capable of simulating various terrains; speed 1-20KM/h to meet various needs of customers.

7. Specialized 9 automatic training modes;

8. The motor uses continuous power 3HP high-power motors (220V, 60HZ, 9.8A) to easily drive a variety of different loads.

9. Running belt size 3325* 558mm (effective use size 1420*558mm)

10. Product Dimensions: 2125*890*1730mm (length*width*height)

11. Net weight 158kg, gross weight 180kg

12. Maximum load: 200kg



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GFD20

2 IN 1 Function Rowing Machine

1. The rowing machine is a surface resistance, friendly to the heavy and injured, and can burn fat efficiently. In the process of exercising, it will not cause damage to the body due to the influence of weight. The fat loss exercise is extremely high, and one action can mobilize more than 80% of the potential of the whole body.

2. This rowing machine has the dual functions of wind resistance and magnetic resistance in one.

· The wind resistance rowing function mainly depends on the combination of the blades and the tuyere. When the blades rotate, the air is squeezed to produce resistance. When the tuyere is small, the air inside cannot be discharged, and the resistance naturally increases.

· The magnetoresistive rowing function uses a magnetic field as a medium, and uses a metal flywheel and a magnet to generate resistance, which is more convenient to adjust the resistance. And because the magnetron does not generate friction, it is ultra-quiet.

Feel: more even and smooth resistance

Appearance: full of metallic

Storage: Relatively more space

Resistance size: multi-speed adjustable
 resistance Maintenance: easy maintenance, anti-build

Size: 2405*625*1145mm

Wind resistance gear: 1-10 gears

Magnetic resistance gear: 1-8 gear

Type: Detachable

Maximum load: 150kg

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GFX510

Elliptical Machine



Adjustable natural gait
slope Adjustable slope
10°-35°
20 resistance levels
Weight: 154 kg

Power Supply: Self-generating
Heart rate monitoring: Yes
Size:(length * width * height):203 * 76 * 183 cm

Natural, low-impact stride exercise and proven reliability benefit you from every workout, while allowing you to enjoy consistent reliability and superior performance. The X510 elliptical training machine provides you with a cushioning exercise experience that matches the natural movements of the body and allows you to benefit more from your fitness.

The natural gait slope is adjustable, and the user can adjust the slope at a range of 10°-35°, and conduct independent or crosstraining for specific muscle groups in the lower body to easily achieve the exercise goal.

The new adjustable gradient design of natural gait can better simulate the natural gait movement path during walking and running.

Easy to maintain, X510 is easy to clean and maintain, inheriting consistent reliability and thoughtful service.

In order to extend the service life of the active state indicator, the equipment is equipped with an external state indicator. With this indicator light, you and your staff can see clearly the operating status of the elliptical trainer and know when the equipment should be maintained.



GFMND-X511

Simplified Configuration



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GFX520

Recumbent Bike

Product Dimensions: 1075*585*1370mm(length*width*height)N.W:77kg

Driving Mode: Self-generating MotorHeart rate monitoring: Yes ● Aerobic exercise, enjoy pure physical fitness, physical health and body shaping, easy exercise

● HD dashboard, adjustable and multifunctional, time, distance, calories, speed, Watt, heart rate

Maximum load: 150kg

Resistance Range: 0-20 (segment)

●Special low noise design to ensure a quiet environment

●Rotary pedal, non-slip and not easy to wear, enhanced fit

GFX530

Upright Bike

Product Dimensions: 1125*525*1565mm(length*width*height)N.W:62.5kg

Driving Mode: Self-generating MotorHeart rate monitoring: Yes

- Simple instrument design is clear and clear, making sports more clear
- Control exercise intensity reasonably according to the monitored heart rate to obtain effective exercise effect
- Carefully polished and adjusted to ensure smooth riding of high-speed sports, smooth and smooth
- The cushion can be adjusted back and forth to meet the sports needs of different heights and angles.

Maximum load: 150kg

Resistance Range: 0-20 (segment)



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GFX300A

Arc Trainer

Product Size:	(Long * Wide * High) 1765*970*1650mm
Product Name:	X300A Arc Trainer(3 in 1 function)
Resistance Value:	900W 180rpm
Slope Section:	20
Step Length:	61cm
Maximum Loading	150KG
Weight: Power Supply:	Self-generating
Program:	Manual mode + Automatic mode
USB:	Cell Phone Charging Function
Heart Rate:	contact type.
Function:	Elliptical, Skiing, Climbing

Whether it is beginners or sports enthusiasts, our highend X300A arc step trainer uses a spontaneous reluctance motor, and the size of the step can be adjusted to make the movement faster, safer, and more effective. According to foreign authoritative fitness institutions, it burns up to 16 % more calories than competitors such as elliptical machines or crosstraining machines. The knee pressure decreased by 83 %. Muscle endurance increased by 38 %. In addition, it can also significantly enhance strength training, cardiovascular health improvement This device is designed for lower extremities, upper extremities training and fullbody climbing exercise.

The display program setting provides the user with a convenient control center that can set up an exercise plan. An independent control center, free to choose the exercise program. Members can easily set up exercise programs to charge the iPad or iPhone.

Our highend arc training equipment is solid and reliable, with low maintenance costs. After testing and verification of the threeinone machinery, to practical and simple design, showing our highquality sports structure performance and health advantages. This highend arc training device is designed specifically for users and environments that value health over vanity. Our device offers complete options for weight loss, strength, and caloric exercise. Therefore, with a machine can meet the different needs of beginners and advanced athletes, so that you can easily enjoy health.

Our equipment is perfect for these exercise areas such as hotels, corporate fitness centers and families. The device offers a wider range of slopes and resistance, and it is no exaggeration to say that it has the function of having three devices in one device. Taxing like crosscountry skiing at low slope levels; A stepwise movement like an ellipsoidal machine at a medium slope level; At a high slope level, crawling like a stair. At any level of slope, the same traditional calorie consumption and safety are transmitted.

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GFY500 Series

Self-propelled Treadmill

GFY50

Self-propelled Treadmill Y500A



GFY50

Self-propelled Treadmill Y500B

- | | |
|----------------------------------|---|
| 1. Sports mode: | From level 1 to level 8.2 different sports mode. |
| 2. Braking mode: | Magnet resistance adjustment. |
| 3. Belt type: | 2.2 mm Ultra low friction coefficient running belt. |
| 4. Machine Size: | 2170*890*1575mm |
| 5. Running belt size: | 3325* 558mm |
| 6. Drive type: | mechanical |
| 7. Speed: | 0-20km |
| 8. Effective use of size: | 1420* 558mm |
| 9. Maximum Load: | 200kg |
| 10. Net weight: | 200kg |
| 11. Packing size: | 2250*1000* 730mm |
| 12. Gross weight: | 242kg |

GF Warrior Series

Vertical Climber

GFWarrior100

Manual Vertical Climbing Machine



1. **Model:** Warrior100
2. **Name:** Climber
3. **Product weight:** 45.5kgs
4. **Length/width/Height:** 1095*1050*2420mm
5. **Steel tube size:** Square tube 50* 1000* 2.5mm
6. **Climbing angles:** 70°
7. **Feet climbing height:** 540mm
8. **Safe Max load:** 120kg
9. **Character:**
Climber workout saves you valuable time while delivering the most effective fat and calorie burning workout available. Studies have proven a Climber workout burns more fat and calories in 15 min than Treadmills, Ellipticals, Steppers, and Bikes. When it comes to getting in shape, dropping unwanted pounds and building a stronger healthier heart, Climber offers the most effective, complete, total body work out available of any cardio equipment.

1. **Model:** Warrior 200
2. **Name:** Climbing Machine
3. **Product Weight:** 95KG
4. **Product Size:** 1095*1050*2420mm
5. **Pipe Material:** steel
6. **Climbing Angle:** 75°
7. **Stride Distance:** 540mm
8. **Safe Max Load:** 120KG
9. **The Resistance Can Be Adjusted:** 20 stalls
10. **input Power Supply Voltage:** AC220V ± 10%
11. **Power Cord Specifications:** 10A AC250V
12. **Time Display Range:** 0:00 -99:59
13. **Height Display Range:** 0.00 999.9m
14. **Heat Display Range:** 0- 999(Kcal)
15. **The Number of Steps Display Range:** 0-9999



GFWarrior200

Motorized Vertical Climbing Machine

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GFY600

Non-motorized Treadmill



GFY600A

Self-propelled Treadmill
(Aluminium Running Belt)

GFY600B

Self-propelled
Treadmill
Running Belt) (Nylon

1. **Motion mode:** 1-8 levels adjustment
2. **Braking mode:** magnetic resistance adjustment
3. **Running Belt:** crawler -type Belt; Aluminum Alloy Frame work or High Strength Nylon Framework is optional
4. **Running machine size:** 1850*860*1580mm
5. **Running belt size:** 3600*480mm
6. **Drive mode:** gravity driven
7. **Speed limit:** 0 -20 km/h
8. **Running area:** 1500*430mm
9. **Maximum user weight:** 180 kg
10. **Net weight:** 150.5kg
11. **Gross weight:** 185kg
12. **Packaging size:** 1800*1000*560mm

GFX200

Stair trainer

1.Space Floor: 1510*780*2230mm
2.Step height: 210 mm
3.Step effective width: 560mm
4.Net weight of instrument:197KG

5.Drive mode: motor driven.
6.Motor Specification: AC220V- 2HP 50HZ
7.Functional Display: Time, Climbing Height, Calories, Steps, Heart Rate

◆ Stair trainer is able to exercise the muscles of the whole body, strengthen bones, train body balance and flexibility, quickly carve body shape



GFX200B

Standard Configuration

GFX200C

Simplified Configuration

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GF Exercise Bike



GFD12 Exercise Bike

The bicycle let the exerciser's whole body fully participate in sports and gains a truly dynamic and adjustable exercise experience. At the same time, it improved physical fit, fitness experience and service life, allowing exercise people to enjoy the dreamed riding experience.



GFD13 Commercial Air Bike

The bike has flexible personalization, allowing the trainer to maintain the target heart rate in low-intensity projects and also can switch quickly to the challenging high intensity intermittent training.



GFD14 Exercise Bike

The product adopts strong and durable design and is equipped with a certified chain driven system and high strength crankshaft, can provide excellent strength and durability, to meet the needs of all exercisers.



GFD15 Magnetic Exercise Bike

The zero contact gear and poleless magnetic drag of the bicycle is free of extreme magnetic resistance and it can adjust the resistance at will. It brings you unprece dented riding feelings, and its poleless resistance device can freely adjust, by which can bring you suitable resistance level.



GFD12

Exercise Bike



- The pedal installation adopts Mohs taper, which is more closely coordinated and not easily damaged;
- Drive multiwedge belt scheme;
- All use 19.5 kilograms (43 pounds) of peripheral plus heavy flywheels. Add flywheel the weight of theperiphery can increase the inertia and help the bicycle to achieve smooth and smooth exercise ,offering outdoorrides closer to any other fitness car experience;
- Aerodynamics and circular design, conducive to perspiration, and easy to clear cleansing and maintenance.All aluminum adjustable extenders and stamped post stabilizers the parts that need most rust protection will not rust;
- Oversized steel frame, better overall corrosion resistance, appearance and stiffness obtained promotion;Equipped with front and rear handle adjustment and stronger anticorrosion aluminum stabilizer.
- Device size and weight:
 Length + width + height: 1330*525*1220mm
 Weight: 63 KG

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GFD13

Commercial Air Bike



Model: D13

Brand: MND Fitness

Name: Commercial Air Bike

Product weight: 59kgs

Length h/width/Height: 1365*610*1440mm

Steel tube size: Flat Oval tube 97*40*2.5mm

Character: The great thing about the Airbike is that it can work for a beginner, a rehabbing athlete, or a seasoned pro training at the highest levels of competition.

1 **Digital Display:** Calories-Heart Rate(Blue tooth with heart rate Monitor)- Distance - Time - Odometer interval Training.

2 **Heavy Duty Steel Frame** eliminates side-to-side movement.

3 **25" diameter Steel Fan.**

4 **Hybrid seat** with multi-adjustment options.

5 **Industrial powder coating** for durability.

6 **Reinforced pedals and crank**

7 **10 sealed cartridge bearings,** utilized in every pivot.

GFD14

Exercise Bike



① Pedal installation using Msing Mohs taper, with more closely, not easy to be damaged;

② Drive Mode Multiwedge Belt Scheme;

③ All use 19.5kg(43lb) external heavier flywheel; Increasing the weight of the flywheel outer ring increases the inertia, helps the bicycle to achieve a smooth movement, providing an experience that is closer to outdoor cycling than any other exercise biker;

④ Aerodynamics and round design is conducive to perspiration, and easy to clean and maintain. All the aluminum adjustable parts and the post-stabilizer can ensure rust-proof parts;

⑤ Large size steel frame is better to make sure the overall corrosion resistance, appearance and stiffness can be improved; it with front, rear handle adjustment and corrosion resistance of the aluminum stabilizer.

⑥ Device size and weight:
 Long + width + height: 1310*535*1275mm
 Weight: 61 KG

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GFD15

Magnetic Resistance Exercise Bike



Character:

1. Magnetic resistance adjustment dynamic bicycle, belt antiskid technology, Pidaichuandong supersilent, belt loose need not be removed Loading can be adjusted;
2. Brake pads do not contact the flywheel, arbitrary adjustment of resistance, smooth silky, infinite strength, to bring you unprecedented riding experience.
3. Free adjustment without limit resistance, always find the right resistance point for you.

Other Character:

- ① Lifetime Maintenance-free, no need to replace the brake pads.
- ② Handles and cushions can be adjusted back and forth, up and down, to meet users of different heights and different riding modes. The adjustment of each part is equipped with calibration tips.
- ③ The handle and adjustment parts of cushion are made of aluminum alloy material to prevent rust.
- ④ Leather cushions use high elasticity, high density foam, wear resistance, soft texture, reduce the pain caused by long-term sitting.
- ⑤ N.W: 61.5KG, Overall more solid, safer.
- ⑥ Product Size: L*W*H: 1310*535*1275mm

◀◀◀ Cardio Series



GFD16

Magnetic Resistance Exercise Bike

- 1.The pedal is installed with Morse taper, which is more closely matched and not easy to be damaged
- 2.Commercial grade pure aluminum rear flywheel, high-speed operation without drifting
- 3.Oversized steel frame, with better overall corrosion resistance
- 4.Aerodynamics and circular design
- 5.Stepless magnetic control regulation

Product weight: 48.5kg

Floor area: 1190 (L) *590 (W) *1000 (H)

Tube type: flat oval tube 120*40*2.5t, flat oval tube 100*50*2.5t